**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Physical Therapy Aide**

**Related unit of instruction:**

Clinical Practice for the Physical Therapy Aide

**Approximate Completion time:**

60 hours

**Rationale for the Lap:**

In this LAP, the student will practice skills performed by the physical therapy aide in the rehabilitative clinical environment. All student activities will be monitored by a Physical Therapist of Physical Therapy Assistant.

**Criteria for successful completion:**

By the end of this LAP the student will have completed 60 hours of clinical practice with a Physical Therapist or Physical Therapy Assistant.

**Learning Objective:**

1. Students will demonstrate employability skills in the workplace.

2. Students will assist the Physical Therapy Assistant (PTA) or Physical Therapist (PT) with the application and/or set up of therapeutic modalities for clients.

3. Students will assist the PT or PTA with clients’ rehabilitative exercise.

4. Students will assist in the maintenance of PT equipment and supplies in the clinical setting.

5. Students will assist with daily office procedures in the clinic.