**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Nursing Assistant**

**Related unit of instruction:**

Mental Health - Safety in the Workplace

**Approximate Completion time:**

6hours

**Rationale for the Lap:**

This LAP is designed to prepare the student to discuss safety in the mental health environment.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and turn in end of chapter questions for Chapter 5 in Marshburns, Cox-Stevens and Thomson’s *The Mental Health Worker: Psychiatric Aide,* Delmar Learning, 2007
2. Pass the test for the chapter

**Learning Objective:**

Safety in the Workplace Chapter 5

1. Define and correctly spell each of the key terms.
2. Explain why hand washing is so important for the mental health care worker.
3. Discuss why following the other Standard Precautions is also important.
4. Present examples of proper body mechanics.
5. Describe the procedures to follow when a fire occurs in a healthcare facility.
6. Explain the importance of disaster preparedness in a healthcare facility.
7. Describe and perform a body check.
8. Describe and perform a room check.
9. Discuss activities that are safe for patients.