**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Nursing Assistant**

**Related unit of instruction:**

Mental Health - Mental Retardation and Other Developmental Anomalies

**Approximate Completion time:**

7hours

**Rationale for the Lap:**

This LAP is designed to prepare the student to define mental retardation and other development anomalies.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and turn in end of chapter questions for Chapter 11 in Marshburns, Cox-Stevens and Thomson’s *The Mental Health Worker: Psychiatric Aide,* Delmar Learning, 2007
2. Pass the test for the chapter

**Learning Objective:**

Mental Retardation and Other Developmental Anomalies Chapter 11

1. Define and correctly spell the key terms.
2. Discuss the advantages and disadvantages of working with the mentally challenged.
3. List three criteria that must be met for an individual to be classified as mentally retarded by the DSM-IV.
4. Discuss the different types of mental retardation.
5. Identify the characteristics of each type of mental retardation.
6. Identify the other developmental anomalies.
7. Discuss the various methods of treatment for the mentally challenged and their effects on the patient.